



**CALL US OR STOP IN
MONDAY - FRIDAY
8:00 AM - 5:00 PM**

**You can find us on the main
floor in the SRMT Health
Services building located at:**

**404 State Route 37
Akwesasne, NY 13655**



Services provided:

- Individual, Family, Couples, and Play Therapy
- Assessments including Psychiatric Evaluation
- Crisis Intervention
- Medication Therapy
- EMDR Trauma Therapy
- Case Management
- Parent Advocacy
- Traditional Medicine
- School-Based Mental Health Therapy

If you are seeking mental health service, we are here to help.

We can provide services via phone, telehealth/video session, or in-person.



**Kanikonri:iohne
“Good Mind Counseling Center”
Mental Health Program
SRMT Health Service**

**404 State Route 37
Akwesasne, NY 13655
Phone: (518)358-3145
Fax: (518)358-6372**





SRMTHS Mental Health Services



What are some signs that it is time to reach out?

- Thoughts of harming yourself or others in any form
- Struggling with relationships
- Extreme unexplained fear
- Out-of-control anger
- Inability to fall and stay asleep
- Unexplained fatigue
- Complications at school and/or work
- Conflict with family
- Eating too much or too little

Trauma Informed Care EMDR

Eye Movement Desensitization and Reprocessing (EMDR) is a psychotherapy that enables people to heal from symptoms and emotional distress that are the result of disturbing life experiences.

Traditional Medicine

Traditional medicine comprises of medical aspects from traditional knowledge, skills, and best practices based on theories, beliefs, and experiences that have developed over generations before the era of western medicine.



Kanikonri:iohne Good Mind Counseling is here to help.

All services are confidential

Available Services:

SRMT Mental Health Services
Monday - Friday | 8:00 a.m. - 5:00 p.m.
(518) 358-3145

Traditional Medicine Liaison
Hakie Cook (518) 651-9981
New York State COVID-19 Emotional Support Line - 1-844-863-9314
Citizens Advocates Crisis & Recovery Center, Malone NY
(518) 481-8160

National Suicide Prevention Lifeline
24-Hour Hotline - 1-800-273-8255
Crisis Text line (USA) 24-Hour Hotline
Text "GOT5" to 741741
The National Suicide Prevention Lifeline call or text 988

In case of emergency dial 911